

Resource 1: *Overheard conversation*

Two students (A and B) are talking about someone in their class:

A: Janis likes Shaan so much, it's actually extreme!

B: It's like Shaan is all Janis can think about, all day and all night!

A: Yeah, and Janis watches wherever Shaan is, like online and stuff.

B: Janis literally 'likes' all Shaan's posts...

A: ... and tries to be wherever Janis might be.

B: Shaan must be thinking, 'Woah, Janis is such a stalker' and probably hates it!

A: But it's fine, it's just a crush – we've all been there.

B: Yeah, but Janis is a total stalker! Eventually Shaan will notice right?

A: Shaan probably likes it anyway!

Resource 2: *Negative relationship scenarios*

1. Ash and Bobbie have been going out for a few weeks. Ash tells Bobbie that he doesn't like her going out unless he is with her. When Bobbie is out with her friends, Ash messages her all the time, saying he is just checking she is ok. Bobbie feels Ash is checking up on her. Bobbie has told Ash she doesn't like it, but Ash says he just wants to protect and look after Bobbie. Ash says it might be easier if he just tracks Bobbie's phone, but Bobbie doesn't want that as she feels like she is being watched all the time.
2. Alex wanted to go out with Bailey but Bailey wasn't sure. Now Alex waits for Bailey outside of class and by the gate after school. Alex has started to shout things at Bailey, which aren't very nice. Bailey feels a bit intimidated. When Bailey goes to the bus stop Alex always seems to be there at the same time. It is making Bailey anxious, but in the group messages people are saying Bailey is not being fair and should give Alex a chance. Now Bailey is feeling pressure to go out with Alex.
3. Archie wants to have a romantic relationship with Bryony. Archie persists in asking her out every day even though Bryony doesn't seem to want to. Bryony has said no a few times now, so Archie has started sending her poems he has written about her. Bryony has asked him to stop doing this as she is finding it all a bit much. Archie thinks about Bryony all the time and is frustrated she hasn't said 'yes' yet. He thinks he needs to make a big romantic gesture to win her over. His friends say, if he keeps asking, she'll agree to a date at least.
4. Bethany's parents recently separated, and although Bethany lives with her mum, Abby, she still sees her dad often. Recently, her dad has got a new partner. Every time Bethany sees her dad, Abby asks her what her dad has been doing; questions like where goes, what he buys, who he sees, and what he says about her. Abby seems to want to know everything about him and asks Bethany to try to find things out. Abby writes it down when Bethany reports back. Bethany feels really uncomfortable about doing this but is under pressure from her mum.

5. Angela forgot to get her permission slip signed by her parents for the school trip so Miss Brooke didn't allow her to go along. Angela felt that she had been wronged and had suffered unfairly because she was not included in the school trip. Feeling hurt and angry, Angela started to try and spook Miss Brooke by posting her threatening anonymous notes, leaving her unwanted gifts, and making up a story about something Miss Brooke had done to another student.

Resource 3: *Positive relationship scenarios*

1. Recently, Ami developed stronger, romantic feelings for Billy and wanted to ask Billy out. Ami started following Billy on social media, and sent a friend request which Billy accepted. Ami sent a message asking Billy out, but Billy said no because he likes someone else. Ami was embarrassed but decided to stay friends with Billy, but not to send any more messages.
2. Aaron has a crush on Ben in his class. He is finding these feelings quite overwhelming and intense. He's started notice that recently he can't really think about much else, which has meant he has lacked attention to his schoolwork and being with his friends. He decides to join the football club so he can start to think about other things too.
3. Abdul asked Bianca out but Bianca said no. Abdul asked her again a few weeks later, hoping she might have changed her mind, but she still said no. Abdul was disappointed but fully accepted Bianca didn't want to. When Abdul saw Bianca on the bus they chatted about school and music they like, but Abdul didn't ask her out this time.
4. Amira and Blake were going out but now they have broken up. It was Blake's decision and Amira was really upset. Since the break-up, Amira has been commenting on all Blake's social media posts, but her friends have said that she needs to leave him alone now. Amira decides to take a break from the social media site and spend more time with her friends instead.
5. Aaliyah was upset because she was not asked to Becca's party. Becca said it because she had too many people for the venue already and therefore, she couldn't invite everyone. Aaliyah felt a bit hurt, but decided there would be plenty of other parties to go to another time, and instead would make sure she would do something different that would be just as much fun, the same evening as the party.