

Stalking Prevention Assemblies

The Alice Ruggles Trust is a charity that educates young people under 25 about stalking.

Our Vision: To help prevent what happened to Alice happening to others. To bring stalking to an end.

Our mission: To foster generations of young people who understand stalking, the potential risks of stalking, and what they can do about it.

Since January 2024, Through the support of Durham Constabulary and the Office of Durham Police and Crime Commissioner, **Alice Ruggles Trust has been delivering free, 30-minute assemblies to key stage 4 students** to help prevent stalking across County Durham and Darlington.

The assembly aims to:

- recognise what stalking is;
- understand that stalking should be taken seriously;
- know where to go for support or information;
- know how to help a friend or family member.

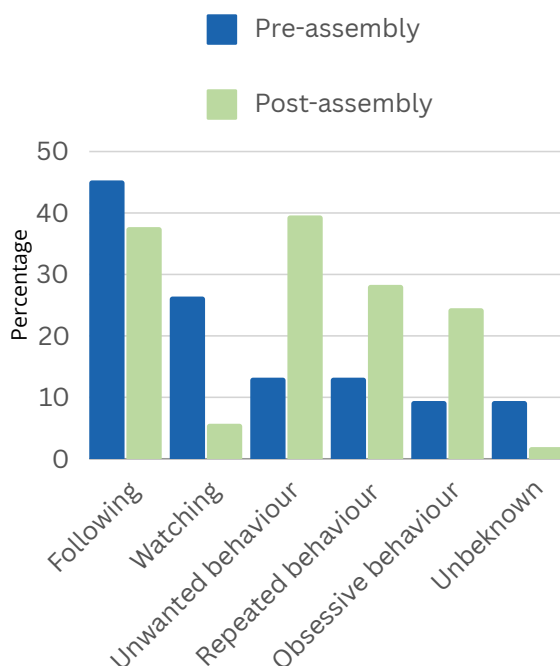
A comprehensive evaluation is being conducted by a team from Goldsmiths, University of London; University of Kent and University of Derby looking at :

- an outcome evaluation to assess the effectiveness of the school assembly package in producing change;
- a process evaluation to assess the capacity of schools to deliver the school assembly package as intended.

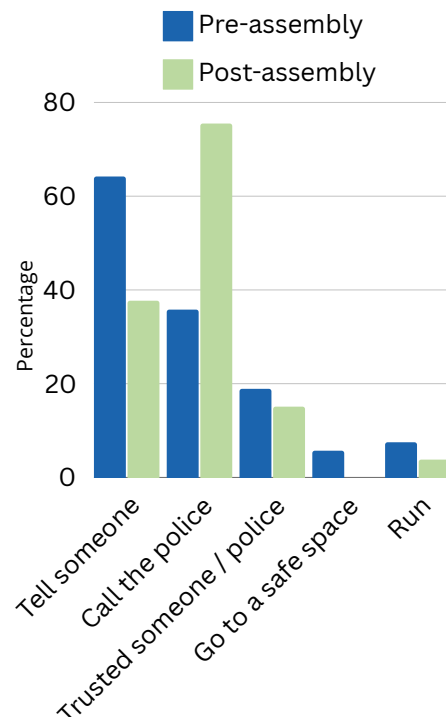
Each student is asked to complete a pre-assembly survey and a post-assembly survey. Each school is asked to reflect on the assembly and each assembly facilitator is asked for their comments.

The data to date shows promise.

How would you describe stalking?



What would you do if you thought you were being stalked?

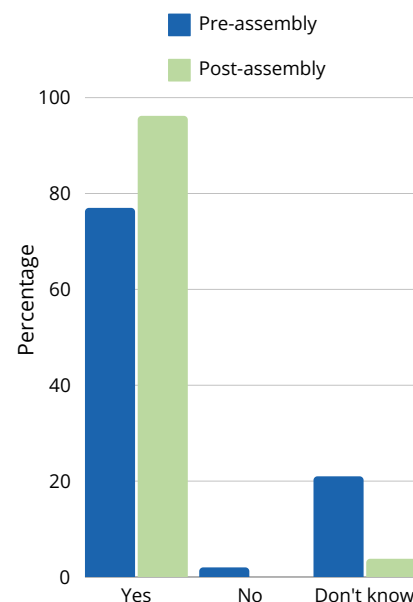


Stalking Prevention Assemblies

What was the most important thing you learnt about stalking during the Alice Ruggles Trust?

Escalation
Death
Tell someone
Call Police
Serious
Don't ignore
Murder
Get help
Different types
Don't wait

Is stalking a crime in England and Wales?



Across the 53 complete pupil responses to date, there is a significant shift from stalking being considered 'watching' to unwanted, repeated behaviours. Messages about contacting the police were received well. Importantly, students recognise stalking as a serious crime.

Pre-assembly and post-assembly survey from one student using

	How would you describe stalking?	What would make you think you are being stalked?	What would you do if you thought you were being stalked?	How would you support someone who thought they were being stalked?	Is stalking a crime in England and Wales?	What was the most important thing you learnt about stalking during the Alice Ruggles Trust assembly?
Pre-assembly	When someone follows you around	Having the same person behind you for a long period of time	Go into a public place and ask for help	Tell them to contact the police and try to comfort them	Yes	
Post-assembly	An obsessive, repetitive behavior which includes following or tracking someone's activity	Fake accounts, being followed, hacking into my phone, sending letters, threatening behavior	call the police or get a family member to help	advise them to get help from a website, or the police	Yes	You shouldn't just ignore it